

LGBT Network Newsletter

July 2011



Welcome

Welcome to the first edition of the LGBT Network newsletter. Every month an update will be sent with the exciting news and developments within the LGBT community. This newsletter is for all LGBT

people who live, work or socialise in Wolverhampton.

If you have any LGBT news you would like in the next edition please forward it to me by 25 of July.

LGBT News

www.pinknews.co.uk/

www.midlandszone.co.uk/



Big Lottery Fund Awards 'Gender Matters' £306,931 to continue to provide services within the West Midlands region.

This grant ensures the continuation of support for a further three years and will enable the Gender Identity Centre to provide a safe haven for many to gain an insight into their own gender identity.

This is great news and Gender Matters would like to thank all of those who have played a key role in developing the project plan and strategy. Should you require any further information please contact us on 01902 744424 or email info@gender-matters.org.uk

A MASSIVE THANK YOU TO GORGEOUS FOR SUPPORTING THE NETWORK WITH THEIR CHARITY NIGHT DRAGORAMA ON 31 JULY—DON'T MISS IT—IT PROMISES TO BE A GREAT NIGHT!

NEW LGBT Development worker in post

I would like to introduce myself, my name is Martha Bishop and I am very much looking forward to working within the LGBT community of Wolverhampton.

The LGBT office is within WVSC at 16, Temple Street, Wolverhampton, WV2 4AN. Telephone 01902 425 092 email

Martha@wolverhampton.org.uk
The LGBT Network website www.lgbtwolverhampton.org.uk/ is undergoing a makeover and will be up to date very soon. I have met some amazing and passionate people in Wolverhampton and I am very excited about being part of the LGBT network.



See next page for What's On in July

if you have information for the next newsletter please email me at martha@lgbtwolverhampton.org.uk or ring me on 01902 425 092

LGBT Network Newsletter

WHAT'S ON IN JULY

July 2011



LGBT Community Groups

LADS	Provide an off the scene place for gay and bisexual men over 18 to meet in a friendly atmosphere. 1—4 session primarily aimed at men 40+	Mondays 1—4 & 6—9	Contact Sam 01902 711818
CAFÉ			
L:Bow Room	Support, social space and opportunities for lesbian and bisexual women over 18 www.Lbowroom.co.uk	2nd & 4th Wed's 7.30pm	admin@Lbowroom.co.uk 07817 548802
X2Y youth group	Youth group for LGBT young people	Saturdays 12—3pm	Website: www.x2y.org.uk
Gender Matters	Drop in and social events for people who are transgendered, their family and friends to meet socially with other transgendered people.	Various times	01902 744424 www.gender-matters.org.uk
LGBT Reading group	At the Greyhound Pub, Bond Street, Wolverhampton. Free! Everyone welcome!	3rd Wed of month 7pm	Contact Jayne 01902 552060 www.wolverhampton.gov.uk/lgbt
Wolverhampton Harts GFC		We hold open training session every Sunday from 1pm at Fowlers Park.	www.wolverhamptonharts.co.uk

Other events in July....

When?	What?	Where?	Contact
Wed 6 @ 6.30pm	LGBT Network Meeting	THT Bond House, Bond Street, WV2 4AS	Martha Bishop 01902 425 092 Martha@lgbtwolverhampton.org.uk
Sat 9 & Sun 10	One City Show	West Park 11am—6pm	Jacki Wynn 01902 552099 jacki@wolvescivic.co.uk
Sat 23 11am	LGBT Network AGM	Bantock House Finchfield Road. WV3 9LQ	Martha Bishop 01902 425 092 Martha@lgbtwolverhampton.org.uk
Sun 31	Dragorama	Gorgeous	Find them on facebook or call 01902 427247

Wolverhampton Libraries have built a broad Collection of books and DVDs that will interest the LGBT (or just curious!) customer. At Central Library, LGBT items have a small but bright rainbow



sticker on the spine to help staff and customers find them easily on the shelves. **Stop Press! ...** We have now started to receive the new DVDs for our LGBT collection. A new section will be created in our Adult Lending Library at Central Library, Snow Hill. It costs just £1.50 to borrow a DVD for 7 days! **Can you help us?**

We have 2 questions that we'd like you to help us with: Are we missing your favourite? Is there a book that you'd like to borrow but we don't stock it? Check our catalogue and please let us know. libraries@wolverhampton.gov.uk

We're deciding how to shelve our LGBT stock at Central Library. Would you prefer a dedicated LGBT section or would you prefer the LGBT books to be shelved with the rest of fiction and non-fiction books? Let us know your thoughts. libraries@wolverhampton.gov.uk

For more information, or to express your opinion on our services email libraries@wolverhampton.gov.uk

Councillor Ian Claymore, Oxley Ward —keynote speaker at AGM

Hi,

We are delighted to have Councillor Ian Claymore as a keynote speaker at our AGM. We hope you can make it - please let us know if you can.

If you would like to become a

member of the LGBT Network please contact Martha Bishop on 01902 425 092 or email

Martha@LGBTwolverhampton.org.uk

Many thanks,

Martha

LGBT NETWORK WOLVERHAMPTON
Supporting Lesbian, Gay, Bisexual and Transgender People Who Live, Work and Socialise in Wolverhampton

Annual General Meeting

Saturday 23rd July
11am arrival and refreshments
11:30 AGM
12:30 lunch provided or bring a picnic

The Tractor Shed
Bantock House
wolverhampton
WV3 9LQ

01902 425 092
www.LGBTwolverhampton.org.uk
facebook.com/LGBTwolverhampton

The **LGBT Health and Wellbeing show** is planned for Saturday November 12 2011 at the Wolverhampton Art Gallery—please come along to the next LGBT Network meeting to share your ideas, views and suggestions. Wednesday 6 July at 6.30pm at THT 242—244 Bond House, Bond Street, Wolverhampton WV2 4AS



Do you have a good idea for a name for the LGBT Health and Wellbeing Show? If so, let us know! Email admin@lgbtwolverhampton.org.uk



GORGEOUS

WOLVERHAMPTON

Dragorama

CHARITY GALA

SUNDAY 31st JULY

Cassidy Connors
(Priscilla Queen of the Desert)

Trannie & Annie

Marty - the Girl who likes to Party!

Lady Imelda

Aunty Tilly

Pam Catz

CANCER RESEARCH UK



TELEPHONE: 01902 427247 FACEBOOK - GORGEOUS WEB: WWW.GORGEOUSBAR.CO.UK

34 - 36 SCHOOL STREET, WOLVERHAMPTON, WV1 4LF

WHAT'S GOING ON AT AT !!

Gender Matters

FOR YOU: 

Just click the icon and
join us on:







Edition 1 June 2011






Dates for your diary 2011



 July


 5th—Our professional Massage expert, Vixx is  here to help you to relax. (4 to 9pm you need to book an appointment)



 21st- Photographic Session by our professional  photographer Katie. (Just turn up)

 August


 3rd- Yoga classes for beginners with Mathew a  professional instructor (just turn up)

 16th—Our professional Massage expert, Vixx, is  here to help you to relax. (4 to 9pm you need to book an appointment)

 September

 27th—Our professional Massage expert Vixx, is  here to help you to relax. (4 to 9pm you need to book an appointment)



 Please tell other's who you think that may be interested in our activities.




**Wolverhampton
Drop in**

**is open every
Thursday**

10 am to 9.30pm

**Drop in and see us,
Everyone Welcome.**

 Suggestions for new activities are always welcome, if anyone has a skill, and would like to run an activity, then please get in touch with the Gender Matters team.

Clothes & Accessories Rail

Why not come and swap, or
donate your unused clothing

We have a selection for both
trans men and women.

It's all in a very good condition

All these activities are fully open, to all the trans community their family and friends.

All we ask in return is a donation to help Gender Matters continue its hard work within the West Midlands.

For more information please contact us: Phone: 01902 744424

E-mail: info@gender-matters.org.uk Web Site www.gender-matters.org.uk

Yoga

@ Gender Matters

Meditation - Gentle Exercise - Relaxation
In a Supportive and Non-Judgemental Environment

In a Yoga practice, we can allow the business and preoccupations of our day-to-day lives to move to one side. We can then come together as a group and share the experience, being completely present to it as it unfolds. Society tells us who and what it thinks we ought to be. Yoga asks us to experience ourselves as we are - *right here, right now.*

Although this Yoga practice will involve physical movement, it will be non-competitive and non-straining. We won't be performing or striving to attain the perfect waistline. We will work *with* the body, using our awareness to engage with the Yoga as it happens and to ensure that our practice is safe.

Developing a regular Yoga practice can have many wonderful benefits. It can lead to improvements in our physical and mental health. It can allow us to relax and find life situations easier to deal with. It can help us to explore and accept who we are. Yoga might even help us to discover a richer, deeper and more joyful engagement with life as it unfolds.

Please wear loose comfortable clothing (jogging bottoms and baggy t shirts are ideal) and bring a blanket. Please be aware that the practice will involve some bending forward so loose headwear is not advised. Although the practice is suitable for most people, please let me know if you have any health issues.

Matthew Head - 07943 367094
Matthead yoga@gmail.com



Wednesday Evenings at The Mill House
7 to 9pm (Starts 3rd August)